Living Expenses in Retirement

Inflation has a big impact on how much you should expect to spend in your retirement years.

Average Household Benefits & Expenditures by Age, 2020

Social Security Income		55-64	65-74	>75
Pre-Tax Annual Benefits	\$	6.957	26,627	27,710
FIE-TAX AIIIIUAI BEIIEIIIS	Φ	0,331	20,021	21,110
Annual Expenditures		55-64	65-74	>75
■ Housing		21,379	18,492	15,937
■ Transportation		10,287	7,676	4,205
■ Food		7,855	6,750	5,046
Healthcare		5,684	6,695	6,627
■ Insurance & Pensions		8,479	3,700	1,365
■ Entertainment		3,521	2,723	1,682
Contributions		3,161	2,983	3,308
Apparel, Personal Care, Services		1,835	1,496	1,079
■ Reading & Education		1,360	547	693
Other		1,375	1,294	896
	\$	64.936	52.356	40.838

Impact of Inflation

(Projected Value of \$52,356 in 2020 at Future Retirement Years)

•	2030	2035	2040	2045	2050	2055	2060
1	63,822	70,464	77,798	85,896	94,836	104,706	115,604

Source: US Bureau of Labor Statistics 2020 Consumer Expenditures Survey

Average adults (>18 yrs) per household: 2.0 (55-64), 1.8 (65-74), 1.6 (>75)

Inflation impact illustrated at the Federal Reserve's current 2% target rate



Bellwether Consulting LLC

PO Box 31 Millburn, NJ 07041-0031

How much do you need to save for retirement? There are many models for retirement planning, but they all revolve around the question of how much you should plan to spend every year once retired. An interesting perspective is to consider what retirees are, on average, spending today.

The Department of Labor and the Census Bureau team up every 3 years to produce the Consumer Spending Survey. Be careful planning based on today's average, though! Even a small amount of inflation makes a big difference in future spending levels, especially for younger investors.

Bellwether Consulting is an independent investment advisor serving the needs of retirement plan sponsors and other institutional investors.

For more information, please have a look at our website at www.bellwetherconsulting.net, or call us at (646) 205-9346.